



Understanding and measuring wellbeing at the end of life

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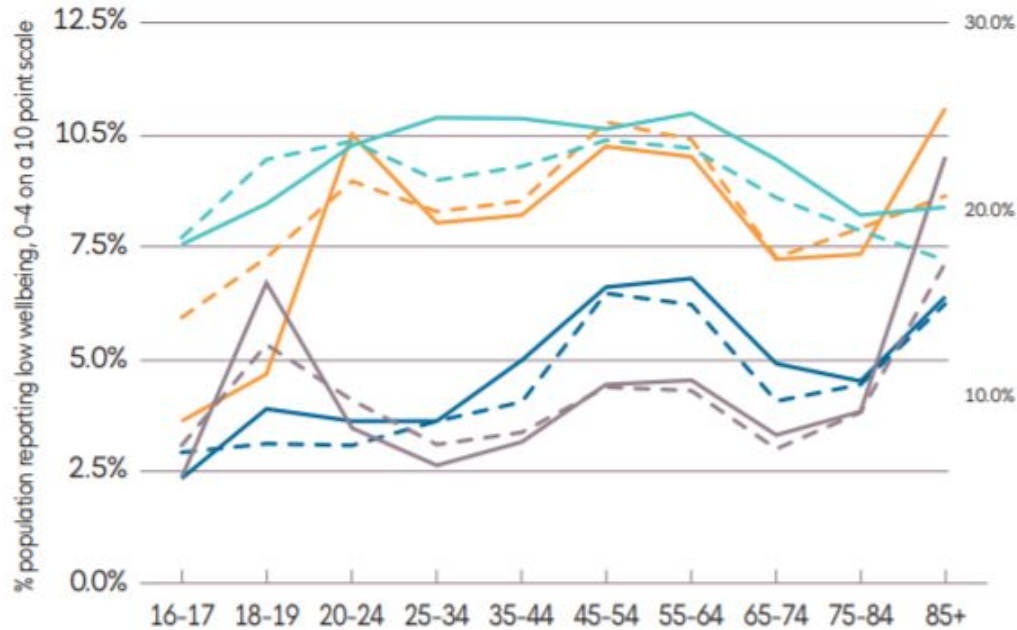
ONS wellbeing domains:

1. Relationships
2. Health
3. What we do
4. Where we live
5. Personal Finance
6. Economy
7. Education and Skills
8. Governance
9. Environment
10. Personal wellbeing

Subjective wellbeing - the ONS4:

- Life Satisfaction
- Worthwhile
- Happiness
- Anxiety

% population with low wellbeing



Key



WEWBS:

1. I've been feeling optimistic about the future
2. I've been feeling useful
3. I've been feeling relaxed
4. I've been feeling interested in other people
5. I've had energy to spare
6. I've been dealing with problems well
7. I've been thinking clearly
8. I've been feeling good about myself
9. I've been feeling close to other people
10. I've been feeling confident
11. I've been able to make up my own mind about things
12. I've been feeling loved
13. I've been interested in new things
14. I've been feeling cheerful



Financial self efficacy scale:

1. It is hard to stick to my spending plan when unexpected expenses arise.
2. It is challenging to make progress toward my financial goals.
3. When unexpected expenses occur I usually have to use credit.
4. When faced with a financial challenge, I have a hard time figuring out a solution.
5. I lack confidence in my ability to manage my finances.
6. I worry about running out of money in retirement.

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July 2020

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Question bank



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Figure 3: Worthwhile, Life Satisfaction, Happy and Anxious

