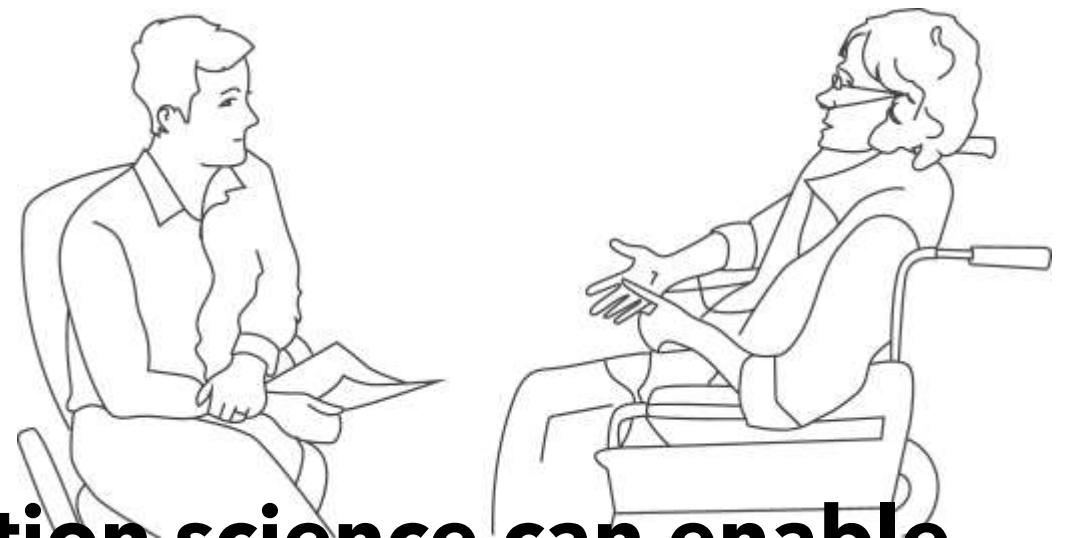


A circular logo with a teal-to-blue gradient background. The words "Real Talk" are written in a white, sans-serif font, stacked vertically.

Real
Talk



How conversation science can enable better conversations about dying

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Learning skills for difficult conversations

- Osmosis
- Trial and error



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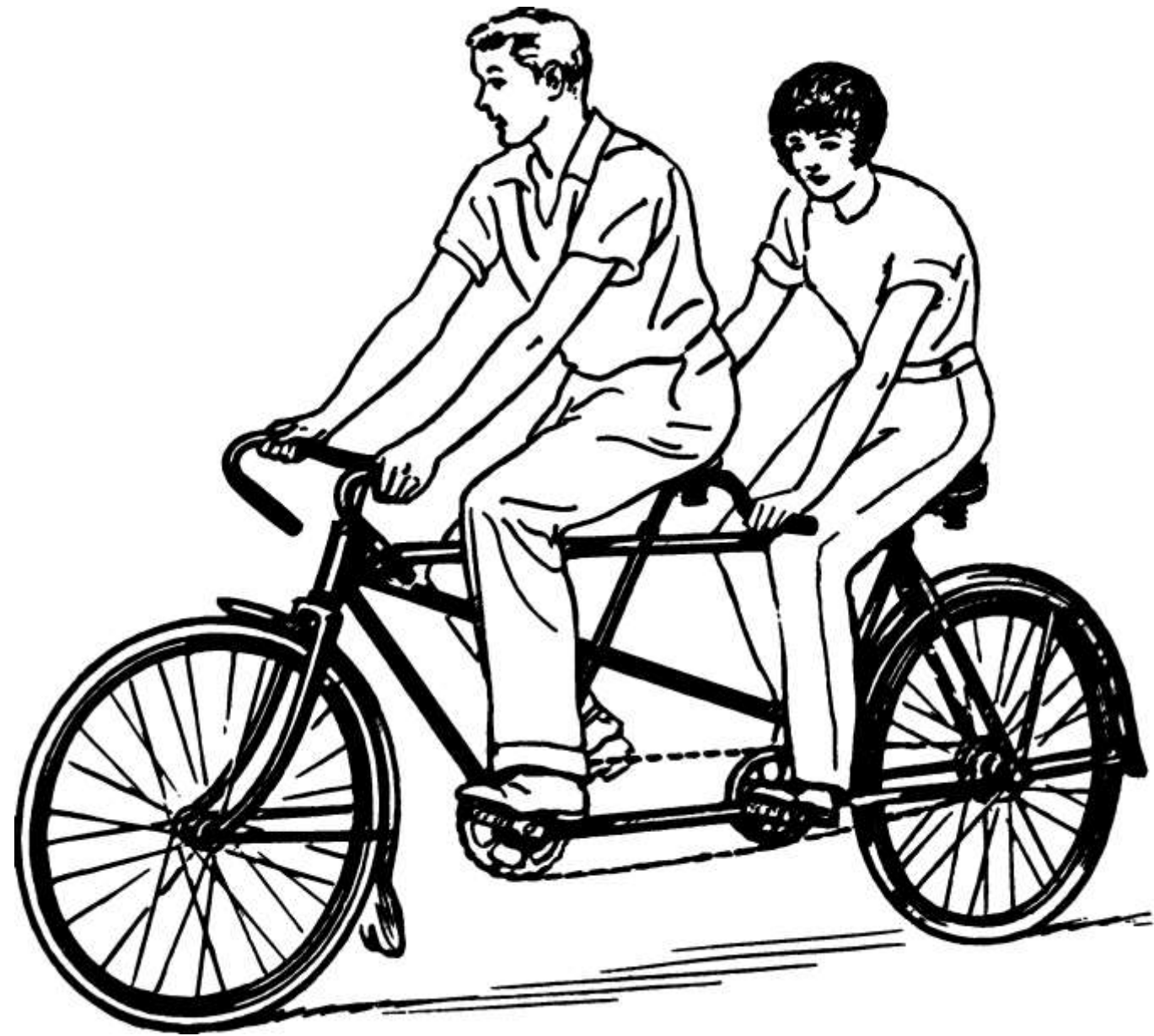
How do conversation scientists work?

How do people talk about end of life?

A decorative graphic in the bottom-left corner of the slide, consisting of several overlapping, semi-transparent geometric shapes. The shapes are primarily triangles and quadrilaterals in shades of light blue, light green, and pale yellow, creating a layered, abstract effect.



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How people actually talk about dying



Work towards the dying person volunteering the topic

... As one which is already on their mind

Fishing questions

Encourage the patient to elaborate

On something they've said

Via a pivot from symptoms to concerns/implications

Support addressing it in hypothetical or general terms

Follow patient's lead

Being the lead-out rider



Principles

Whose topic is this?

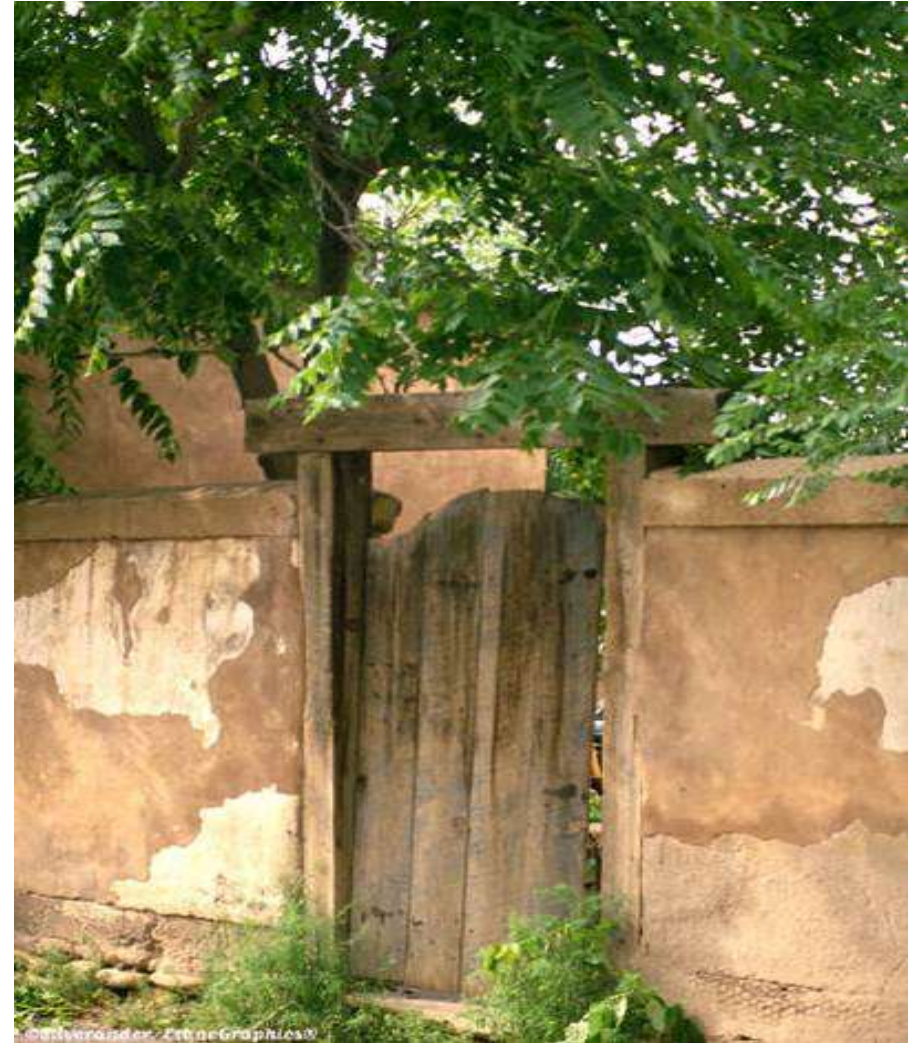
Volunteered > coerced

Ask before tell - so I can fit what I say and how

Offers and invitations - risk rejection, distress, drop out

Don't point too hard at the painful thing

Indirect ≠ ambiguous



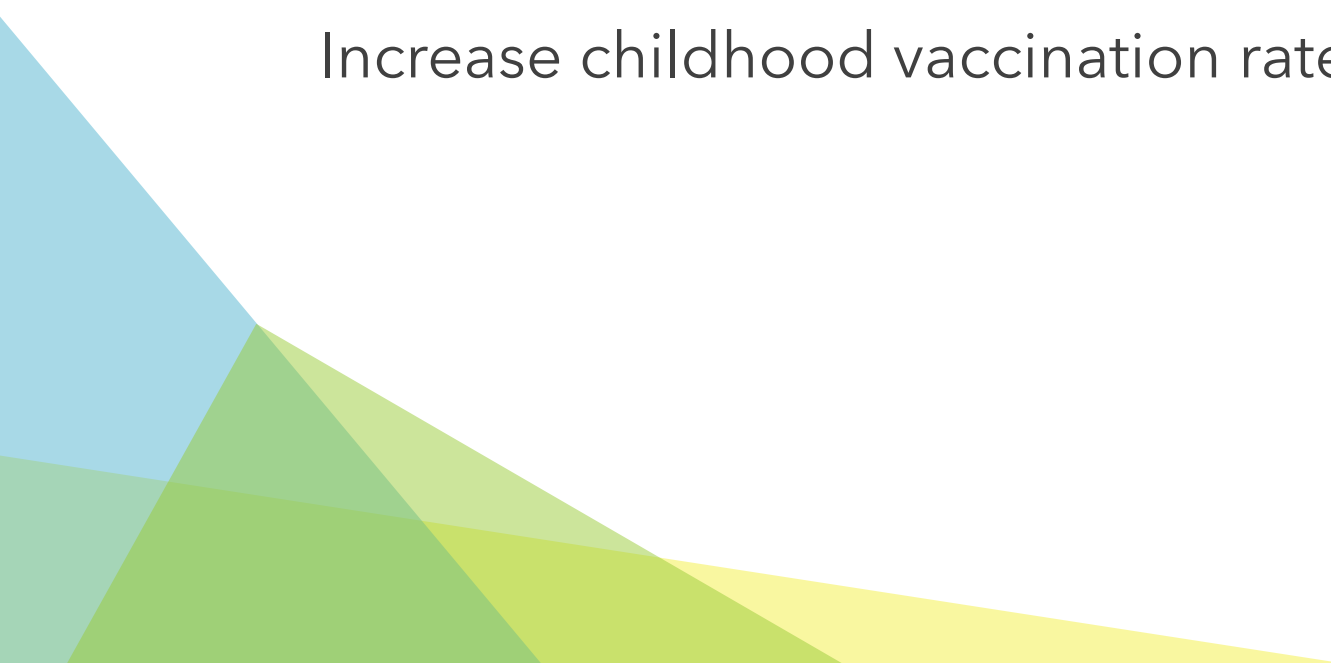
Evaluated interventions promising

Therapeutic relationships in psychiatry

Reducing antibiotic prescribing

Expediting diagnosis of dementia vs worried well, epileptic vs non epileptic fits

Increase childhood vaccination rates



RealTalkTraining.co.uk Blogs and 'in a nutshell's'

Online workshops: bit.ly/RegisterRealTalkWorkshops

Book - 'How we talk' by Nick Enfield

BBC Sounds Podcast Word of Mouth Michael Rosen & Liz Stokoe

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The views expressed are those of the authors and not necessarily those of the NIHR or the Department of Health and Social Care.