Different People, Same Place

Exploring how community wellbeing is linked to individual wellbeing

In partnership with

[Logos of Warwick, University of Birmingham, Durham University, Spirit of 2012, Centre for Ageing Better]
There are many different models that capture components of individual and community wellbeing.
THE COMMUNITY WELLBEING TREE
A CONCEPTUAL ECOCLOGICAL SYSTEM

LEGEND (LEAF COLOURS)
Yellow = positive indicators
Yellow = negative indicators
People = part of the WPPS

An Illustration of Community Wellbeing
The Community Wellbeing Tree is an evidence-based attempt to embrace the true complexity of our communities, and come away from oversimplified approaches that I find uninteresting. This tree is a complex living system of connected elements, including leaves, branches and roots. It is also more than the sum of its parts.

A Biological Metaphor
Inspired by The Gaia Hypothesis (Lovelock, 1979) community wellbeing is viewed as a living organism, a body of interdependent elements nourished by resources. A living organism maintains the stability needed for life dynamically through homeostasis.

Leaves and Branches (measures and domains)
The leaves represent measures of community well-being. The branches represent the different domains of wellbeing.

Leaves (measures)
The leaves represent measures of community well-being (208 measures). The main branches represent broad categories of domains. The leaves are arranged hierarchically, meaning the more related the concepts are physically lower. They are not organised by associations or causal links. They can, however, be used as a basis for researching complex causal relationships.

Leaves (measures)
The measures are directly relevant to wellbeing. Each measure was found to be important for wellbeing.

Leaf colours
Green leaves represent positive and yellow leaves represent negative measures of wellbeing, though this may vary by context. Red leaves highlight measures from the Wellbeing in Place Programme Scale (see list right).

Connections with other 'trees' (communities)

WIDER STRUCTURAL & SOCIAL DETERMINANTS

INDIVIDUAL BIOLOGY
LIFESTYLE
LIVING & WORKING CONDITIONS
NETWORKS

CULTURE, POLITICAL, ECONOMIC & ENVIRONMENTAL CONDITIONS

Roots (Wider Determinants)
The roots represent categories broader determinants of the health and wellbeing of individuals and communities based on Oshman's Social Environmental Model of Health (1996).

Fungal Networks
The mushroom and fungal threads represent connections between the community and other communities (social, political, physical and emotional) through pathways. They share abundant and defend scarce resources through this communication.

Using the Community Wellbeing Tree
The tree can be used to help understand the current state of community wellbeing in an area, based on the condition of the leaves (it is a plan instrument to community wellbeing). The tree is part of a larger Community Wellbeing Toolkit that includes the Wellbeing Inequality Assessment Tool (WIAT) and the Wellbeing In Place Programme Scale (WPPS).

A work in progress
This is a working document. Later versions will be Web-based and will include links to further information and evidence.

The Welleye

What people attend to (The lens)

The pupil

The cornea

The iris

The sclera

The circumstances of people's lives (objective conditions)

The self (people's preferences, identities and evaluations)

What people do (activities at a given time and place, both and alone and with people)

How people feel (experiential subjective wellbeing)
The Community Spirit Level:
A framework for measuring, improving and sustaining community spirit

1. Step one: rationale and aim
2. Step two: engage with the community
3. Step three: develop your evidence base
4. Step four: facilitate the co-production of a community spirit plan
5. Step five: keep the conversation going
We add a model focussed on *levels* and informing *effectiveness evaluations*
<table>
<thead>
<tr>
<th>Objective factors</th>
<th>Subjective ‘links’ (mechanisms)</th>
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All models are wrong, some are useful....
References to earlier models


