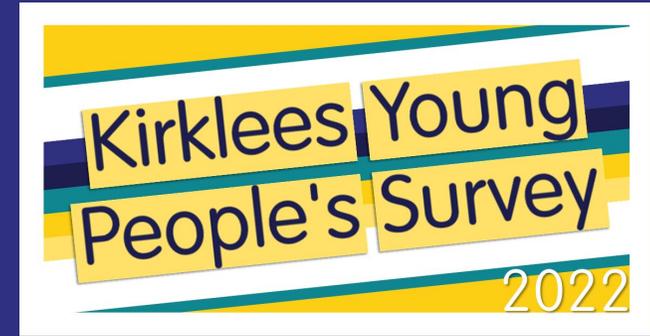




Adult Population Survey

- Overall aim of the survey was to gather comprehensive data on the health and wellbeing of Kirklees residents aged 16+ across a range of measures, including lifestyle choices, quality of life and quality of place.
- Fieldwork took place between 1st November and 17th December 2021.
- 6,208 Kirklees residents took part.
- Data weighted by age, gender, ethnicity and ward size to better reflect local populations.



Youth Population Survey

- Our annual survey gathers data from Year 9 pupils across secondary schools in Kirklees. It includes questions relating to health and wellbeing, diet, physical activity, risky behaviours, attitudes, worries and aspirations.
- Fieldwork takes place during the summer term (April – July). In 2022, 1000 Year 9s from 16 schools took part.
- Data weighted by gender, ethnicity and District Committee size.





Subjective Wellbeing

12% Bad physical health

Poor physical health most commonly reported among residents...
in most deprived areas;
aged 75+;
with any form of long-term physical or mental condition

How would you rate your overall **physical health** now?

Poor physical health most commonly reported among Year 9 pupils...
within the LGBTQ+ cohort (11%)

5% Bad physical health

12% Bad mental health

Similar differences seen for mental health, with the exception of age, where poor mental health is more commonly reported in younger residents aged 18-24 years old

How would you rate your overall **mental health** now?

A similar difference observed for mental health (LGBTQ+: 52%). There are also significant differences between boys (11%) and girls (23%).

20% Bad mental health

6% Often/always feel lonely

A higher level of loneliness is also more common in **younger residents** (10% of people aged 18- to 24-year-olds) which may connect to the prevalence of mental health issues already identified among younger residents.

How often do you feel **lonely**?

A higher level of loneliness also observed amongst LGBTQ+ young people (22%).

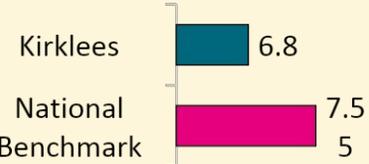
12% Often/always feel lonely

The four ONS personal wellbeing questions



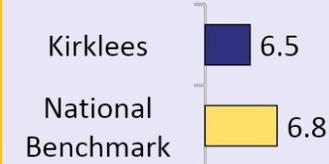
Compared to National Benchmarks, Kirklees residents...

Compared to National Benchmarks (11–18-year-olds), Kirklees Year 9s...



...reported lower levels of life satisfaction

Overall, how **satisfied** are you with your life nowadays?

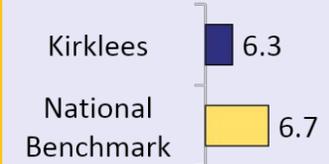


...reported lower levels of life satisfaction

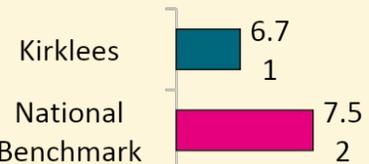


...were less likely to feel the things they do are worthwhile

Overall, to what extent do you feel the things you do in your life are **worthwhile**?

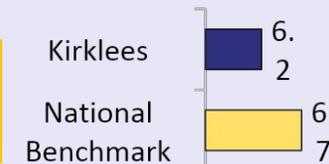


...were less likely to feel the things they do are worthwhile

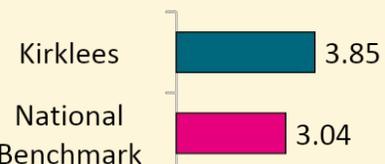


...reported lower levels of happiness

Overall, how **happy** did you feel yesterday?

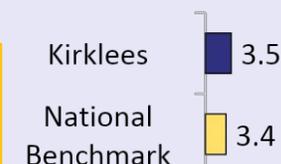


...reported lower levels of happiness

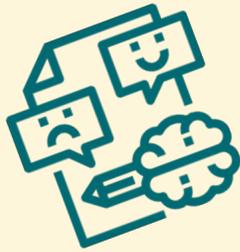


...reported higher levels of anxiety

Overall, how **anxious** did you feel yesterday?



...reported higher levels of anxiety



SWEMWBS

(Short Warwick–Edinburgh Mental Wellbeing Scale)

Lower emotional wellbeing in ...

- Younger residents aged 16-44 years old
- Females
- Mixed ethnicity
- LGBTQ+
- People with a disability
- People in more deprived areas

Higher emotional wellbeing in ...

- Older residents aged 65+ years
- Males
- Indian ethnicity
- Heterosexual/cisgender
- People without a disability

Those earning more and those with higher qualifications are more likely to score higher on the mental well being scale (SWEMWBS).

Year 9 overall mean score: **21.1** (22.2 in 2019)

Lower emotional wellbeing in ...

- Girls (20.1)
- White British ethnicity (20.7)
- LGBTQ+ (18.5)
- Young people with a LTC (19.1)
- Young people with a SEN (19.3)

We also asked:

“Which things, if any, do you think will be most important for you to have a good life?”

The top five responses were:

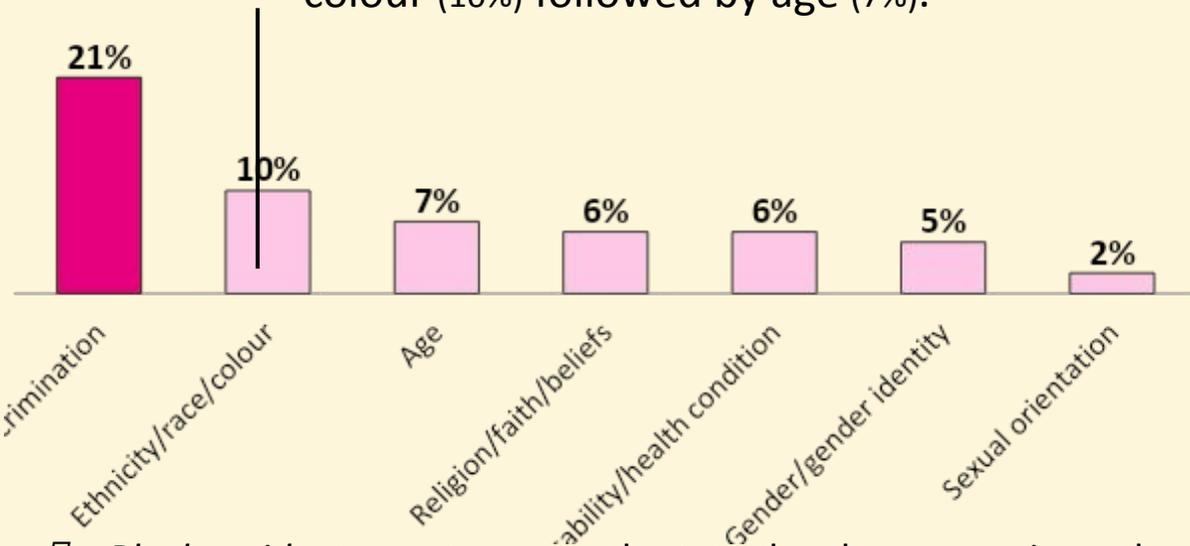
A good job or career (71.6%)

- Enough money to buy the things I need (57.9%)
- Good friends (51.8%)
- Good mental health (47.2%)
- Having a good education (44.0%)

Protected Characteristics



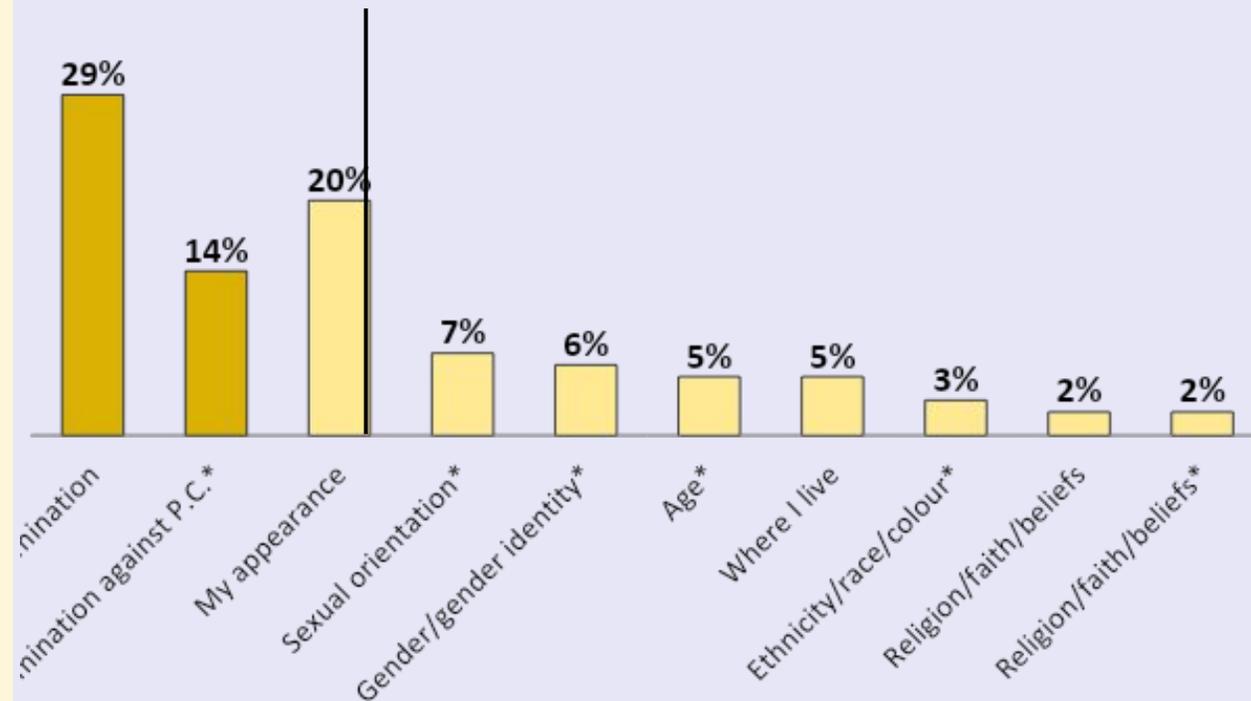
A fifth (21%) of Kirklees residents have experienced discrimination in the past year. The most common type of discrimination experienced related to ethnicity/race/skin colour (10%) followed by age (7%).



□ *Black residents* most commonly state they have experienced discrimination (46%).

□ Although low base, those who are *transgender* or who preferred not to say what gender they identified with are more likely to have experienced discrimination (75% of 10 respondents and 90% of 20 respondents respectively).

One in seven (14%) Year 9s have experienced discrimination in relation to a protected characteristic in the past six months. The most common type of discrimination experienced related to sexual orientation (7%) followed by gender identity (6%).





Applications of the data & Next Steps



Insight from the CLiK survey helps organisations across Kirklees to

- identify priorities
- work more effectively with local communities to make a positive difference to the lives of local people.

Understand inequalities

- data analysis across protected characteristics (e.g., age, sex, ethnicity)
 - data analysis across localities (e.g., wards)
- sharing insights with partner organisations and the wider public
 - enabling data driven, targeted services and interventions appropriately.

Support workstreams, such as

- ✓ procurement of services
- ✓ Joint Strategic Assessment
- ✓ shaping Kirklees indicators and outcomes.

For more information about CLiK and to view headline results of the 2021 survey, please go to www.kirklees.gov.uk/clik2021.

Insight from the Young People's Survey helps schools across Kirklees to

- identify priorities for young people;
- shape their PSHE curriculum;
- support pupils and their families more effectively;
- provide evidence to Ofsted of consistent monitoring.

Understand inequalities

- data analysis across protected characteristics (e.g., gender identity, sexuality, ethnicity etc.);
- identify emerging trends and behaviours amongst groups;
- sharing insights within the council (e.g., Children's Services, Public Health), partner organisations and the third sector;
- providing evidence-based insight to target appropriate support.

Support workstreams, such as

- ✓ shaping the delivery of services (e.g., sexual health, CAHMS etc.);
 - ✓ supporting annual SEND needs assessments;
- ✓ shaping Kirklees indicators and outcomes for Family Hubs.

For more information about KYPS and to view headline results of the 2022 survey, please go to www.kirklees.gov.uk/involve/entry.aspx?id=1124.